

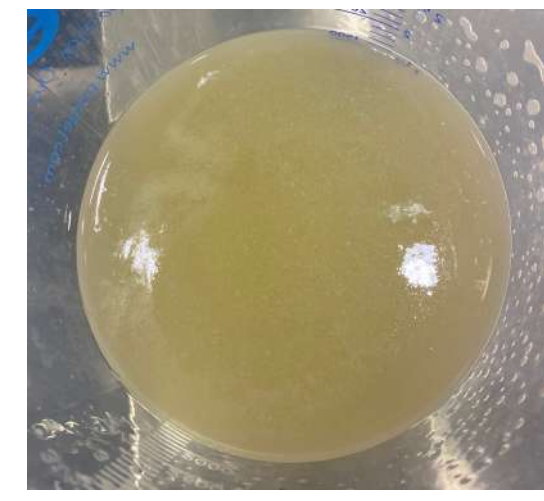
# Exploring commercial utilization of yellow mustard (*sinapis alba* L.) gum: stabilization and emulsification in vegetarian mayonnaise and non-dairy whipping cream

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## BACKGROUND



Water extraction



Yellow mustard gum (YMG)

A new type of mucilage has low cost and better functional properties [1, 2].



The challenges of vegetarian mayonnaise are to substitute traditional yolks products while maintaining flavor, texture, and stability [3]



Non-dairy whipped cream may undergo serum separation during resting, and partial coalescence of fat spheres may also lead to emulsion instability [4]

## OBJECTIVES

- Application of YMG in preparation of vegetarian mayonnaise
- Application of YMG-fenugreek mixed gum in preparation of non-dairy whipping cream

## CONCLUSION

- YMG improves the stability of egg-free mayonnaise and non-dairy whipping cream.
- Both mayonnaise and whipping cream formulated with YMG or YMG-fenugreek gum mixture have comparative or better properties comparing with commercial counterparts.
- Using yellow mustard gum is able to develop clean-label food products, without any commercial gums or synthetic additives.
- The products have the potential to substitute traditional products; YMG is especially beneficial to vegetarian and non-dairy project development.

## METHODS & MATERIALS

### Vegetarian mayonnaise

Formulated with different amounts of YMG solution (0%, 0.2%, 0.4%, 0.6%, 0.8% and 1%)

#### Methodology:

- Index of stability (centrifuge method)
- Microstructure observation (optical microscope)

#### Commercial samples:



- Commercial mayonnaise (CM) (HELLMANN'S, Saint John, NB)
- Commercial vegan mayonnaise (CVM) (Maison Orphee, Quebec)

### Non-dairy Whipping cream

Formulated with YMG-Fenugreek gum mixture (0, 0.05, 0.1, 0.15, 0.2, and 0.25 w/w%)

#### Methodology:

- Foam stability (Serum loss)
- Visual stability

#### Commercial samples:

- Commercial whipping cream sample (CWCS) 1: Sealtest 35% Whipping Cream (ON, Canada)
- CWCS 2: Cool Whip Original Frozen Whipped Topping (Kraft Heinz, ON, Canada)

## RESULTS

### Vegetarian mayonnaise

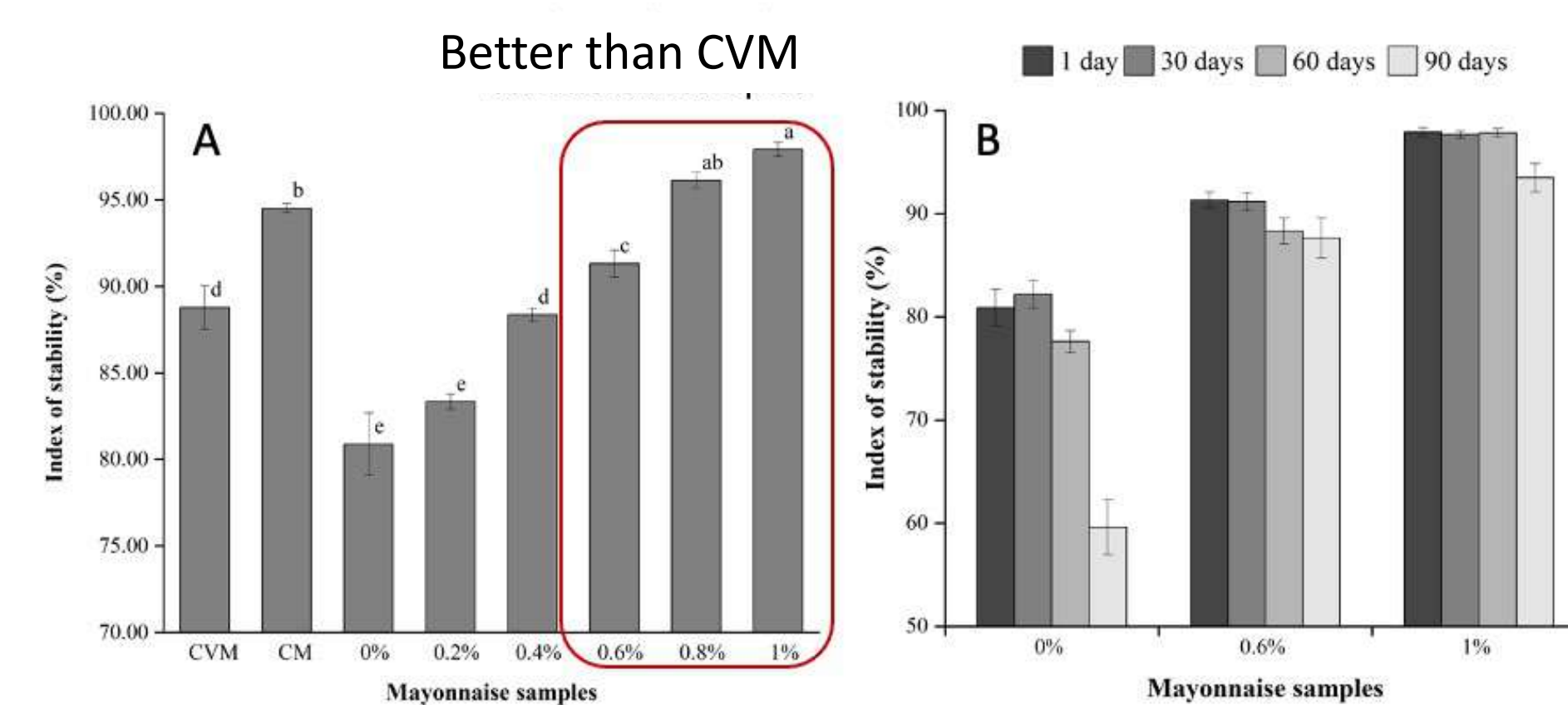
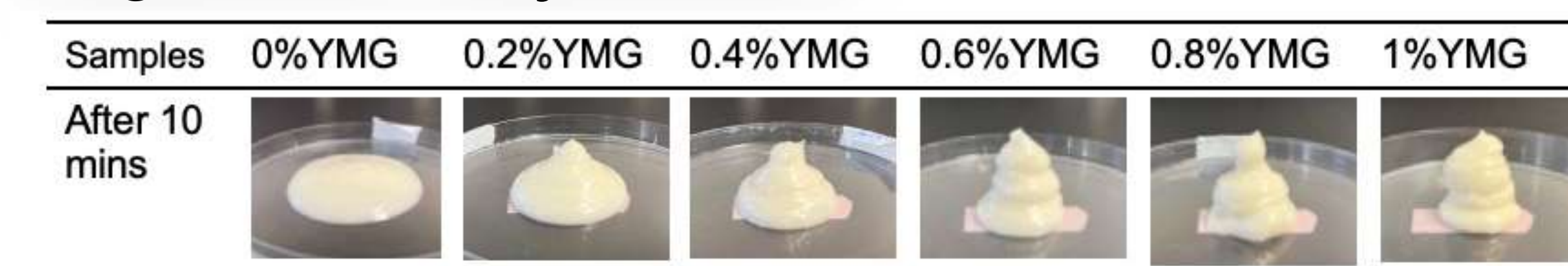


Figure 1: Index of stability (%) of CM, CVM, and YMG-formulated egg-free mayonnaise during storage at 4°C (A) and YMG-made samples storage after different times (B).

As the YMG increases, the size of droplets gets smaller. Phase separation has occurred.

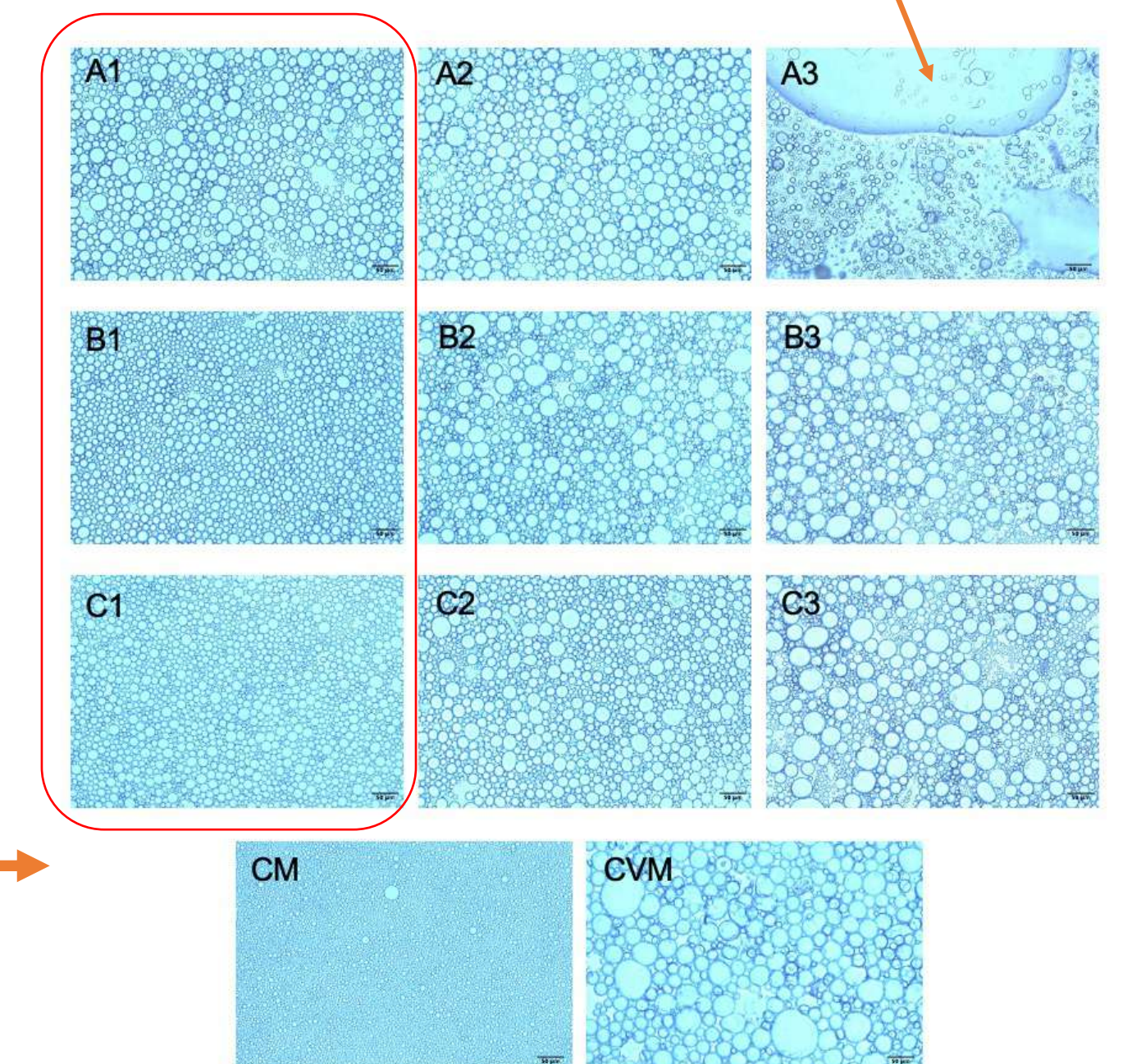


Figure 2: Microstructure observation of CM, CVM, and egg-free mayonnaise of YMG concentration at 0% (A), 0.6% (B) and 1% (C) storage at 4°C after 1 day (1), 60 days (2) and 90 days (3).

### Non-dairy whipping cream

The increase in the content of gum mixes reduces the serum loss, and improves collapse resistance of whipping cream after storage at 4°C and 22°C

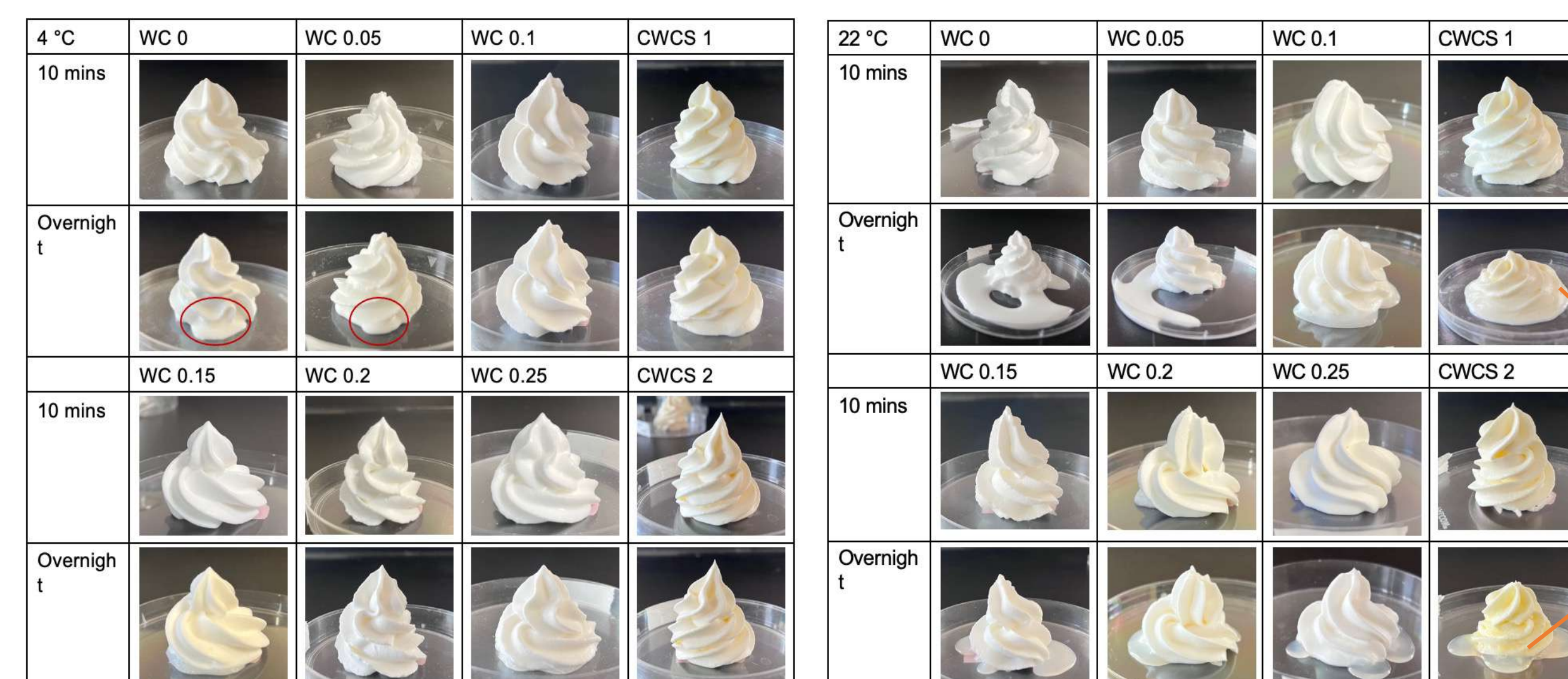


Figure 3: Visual stability of CWCS1, CWCS 2, and whipped cream formulated with different content of gum mixture at 4°C and 22°C.

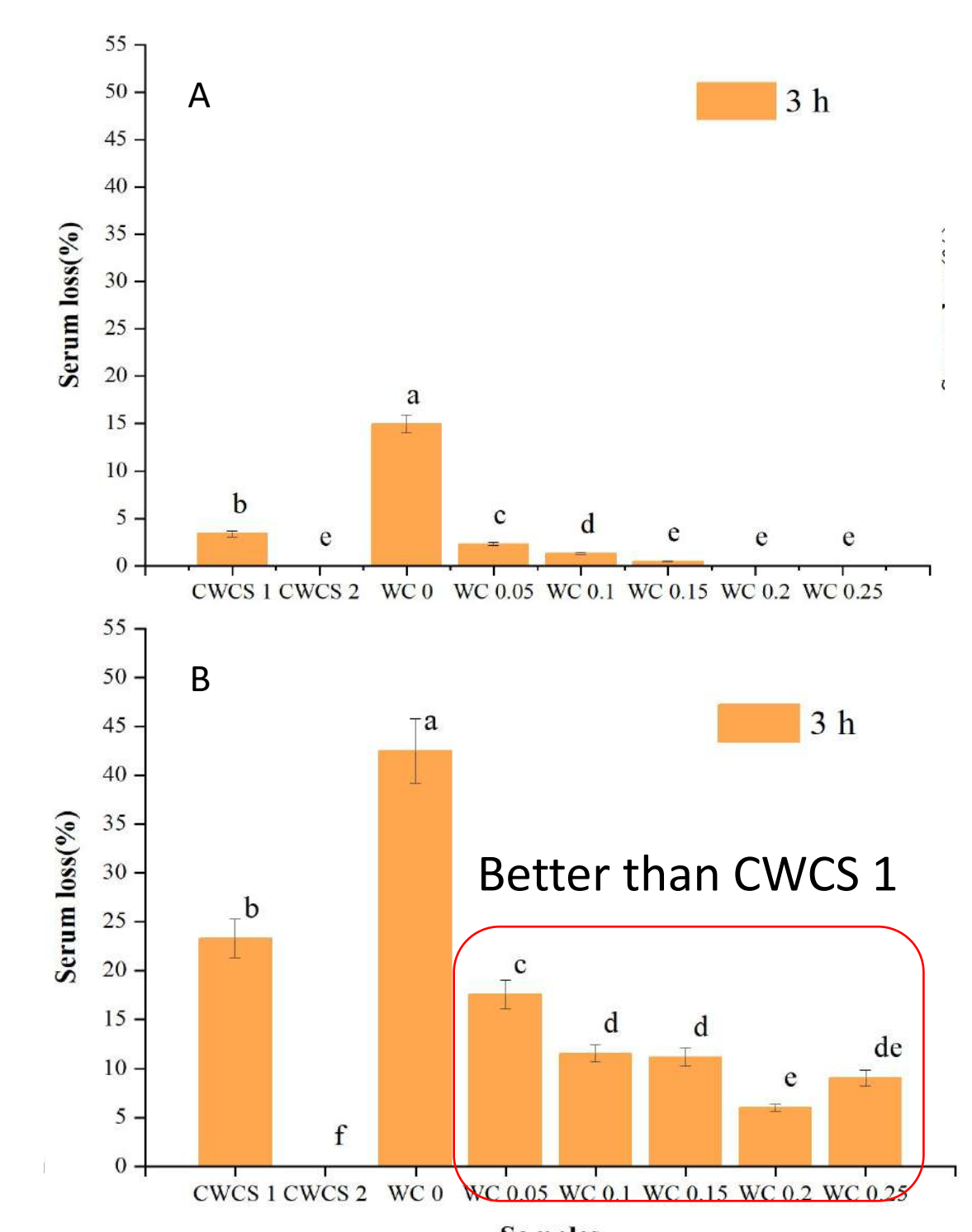


Figure 4: Serum loss (%) of CWCS1, CWCS 2, and whipped cream fortified with different concentrations of gum mixture after 3 hours at 4°C (A) and 22°C (B).

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